

Pre-Authorization Checklist

Kaiser Patients: Must have tried at least 1 of the medications listed below.

All Other Insurance: Must have a history of at least 1 prophylactic (preventive) medication and 1 acute/abortive medication.

Our care team will review your history to make sure you qualify and provide documentation for your insurer.

Acute/Abortive Examples

These are common medications used for immediate migraine relief.

Category	Examples
NSAIDs / Analgesics	Acetaminophen, Aspirin, Diclofenac, Ibuprofen, Naproxen
Ergot Alkaloid Derivatives	Ergotamine, Dihydroergotamine (DHE)
Triptans	Almotriptan, Eletriptan, Frovatriptan, Naratriptan, Rizatriptan, Sumatriptan, Zolmitriptan
Combination / Other	Acetaminophen/Aspirin/Caffeine, Butalbital/Acetaminophen/Caffeine, Butalbital/Aspirin/Caffeine, Butorphanol, Ergotamine/Caffeine, Sumatriptan/Naproxen
CGRP Antagonists	Ubrelvy®, Nurtec®

Prophylactic (Preventive) Examples

These are medications that may be used to prevent migraines.

Category	Examples
Antidepressants	Amitriptyline, Citalopram, Doxepin, Fluoxetine, Fluoxetine
Antiepileptics / Anticonvulsants	Divalproex Sodium, Gabapentin, Topiramate, Valproic Acid
Beta-Blockers	Atenolol, Metoprolol, Nadolol, Propranolol, Timolol
Calcium Channel Blockers	Diltiazem, Nifedipine, Nimodipine, Verapamil
ACE Inhibitors / ARBs	Candesartan, Enalapril, Irbesartan, Lisinopril, Losartan
CGRP Antagonists	Aimovig®, Emgality®, Ajovy®, Vyepti®, Qulipta®